

# Saint Elizabeth Community

Where RI seniors come first



FALL 2019

# Joseph E. Gaugler, PhD, to speak at Cornerstone Adult Services "Alzheimer's Disease: What It Is and What Can Be Done"

Cornerstone Adult Services is pleased to announce that University of Minnesota Professor, Joseph E. Gaugler, PhD, the Robert L. Kane Endowed Chair in Long Term Care and Aging, School of Public Health, will give two presentations on Alzheimer's Disease, "What Is It and What Can Be Done?" The presentations sponsored by Cornerstone will be held on:



1:00 pm - 2:30 pm Warwick Public Library 600 Sandy Lane, Warwick

6:00 pm - 7:30 pm Cornerstone Adult Services Memory Care Center 140 Warwick Neck Avenue, Warwick

Cornerstone Adult Services is participating in a national research study, led by Dr. Gaugler to evaluate Adult Day Services(ADS Plus). "The results have been amazing as caregivers receive intensive support and learn better ways to communicate, redirect and reassure the family member they are caring for," says Dottie Santagata, Administrator, Cornerstone Adult Services. Cornerstone is the only Rhode Island adult day center provider selected to participate in the national ADS Plus study undertaken by Johns Hopkins University and the University of Minnesota.

To attend either presentation please call Cornerstone at 401-739-2844. The presentation is free and open to the public on a first come first serve basis.

# A Dream Comes True!

# 96 year old Saint Elizabeth Manor resident attends first Patriots Game

On Sunday, September 22nd, Saint Elizabeth Manor made a ninety-six year-old resident's dream come true. Mary Barber, a devoted Tom Brady fan, attended her first Patriots game, thanks to tickets donated by a staff member and transportation provided by hospice.

A Saint Elizabeth Community Facebook post featured Mary in a "Future Mrs. Tom Brady" shirt, and almost overnight, Mary became something of a social media celebrity, catching the attention of the New England Patriots. When they learned that Mary would be attending the Patriots-Jets game, they provided her with VIP pregame field passes. Mary described the experience of seeing Tom Brady play in person as "Absolutely wonderful!" She still hopes to meet her idol one day. "I will be his biggest fan until the day I go."



www.facebook.com/SaintElizabethCommunity www.stelizabethcommunity.org



#### Dear Friends:

Keeping informed about changes and advancements in eldercare is inherent to providing exceptional senior care. Some examples include monitoring: the way insurance pays for services, advances in best practices, studies about new treatment options or outcomes, and how technology and infrastructure need to support the work we do.



Our front page stories highlight a presentation by Dr. Gaugler of the University of Minnesota, and a resident's wish to meet her idol, Tom Brady. These stories are not intertwined, but show the diverse activity that is ongoing in our organization. We strive to stay informed about changes and advancements in elder care, while providing exceptional person centered care.

Dr. Gaugler will be in Rhode Island at the invitation of Cornerstone Adult Services to present a lecture on Alzheimer's disease (see front page for date/details). Dr. Gaugler's research seeks to learn about the needs of caregivers of those with dementia. Cornerstone's day center participants' caregivers are participating in this ADS Plus study, which provides caregivers with strategies for interacting with those with dementia.

As for Mary Barber, (Manor resident), her admiration for Tom Brady landed her on the field at a Patriots game! She didn't meet Tom, but she did have a wonderful time watching him play and being on the field pre-game. This story, thanks to social media, took on a wonderful turn, and with the support of fans (over 45,000 facebook views), Mary was invited to the field, given memorabilia and received a message that Tom was touched by her kind words about him.

We have some exciting events upcoming and I hope you can join us:

November 19th 2:00pm-5:00pm Open House at the Rehab Center at Saint Elizabeth Home November 21st 1:00 pm and 6:00 pm Dr. Gaugler's presentations on Alzheimer's disease (see front cover for details) As always, if we can help you navigate the options available for seniors for care and services, please call us.

Sincerely,

Steven I. Horowitz President and CEO



Lauren Richards, RN (left) and Michele Marchesseault, RN



Kelly Lopes

## Nurses Attend Bryant Leadership Training Program

Congratulations to Michele Marchesseault, Nursing Director, and Lauren Richards, RN, from Saint Elizabeth Home; and Colleen Flores, RN, Cornerstone Adult Services-Bristol, for joining the Bryant Leadership Development Program. There are two learning paths: Advanced Leadership and Emerging Leaders. Michele and Colleen are in the Advanced Leadership program and Lauren is in



Colleen Flores, RN

the Emerging Leaders program. The programs meet one time a month for 6 months and cover topics including: change management, decision making and leading teams.

## Welcome Kelly Lopes

Kelly has joined Saint Elizabeth Community as HR Business Partner at Saint Elizabeth Home. Kelly is responsible for Human Resources fuctions at the Home. She also provides general HR support in partnership with the Administrators for Saint Elizabeth Court, Saint Elizabeth Terrace and Saint Elizabeth Place. A resident of Coventry, Kelly earned her B.A. from Capella University.

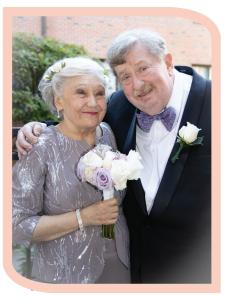




Cathleen Naughton Associates provided transportation for jubilarians from Mount St. Rita's in Cumberland to a special mass in Riverside. Ben Champagne, CNA, assisted Sister Angelus Gabrielle.



Fun on the water! Resident Maria Albizu enjoys a boat ride during a Saint Elizabeth Place outing to Roger Williams Park.



Congratulations to Saint Elizabeth Court residents Patricia Andrade and Dennis Broccoli! It was a joy for staff, family and friends to join in your beautiful celebration!

SAINT ELIZABETH MANOR Short term rehab and long term care

SAINT ELIZABETH COURT Affordable assisted living CORNERSTONE ADULT SERVICES, INC. Adult day centers

# SEC Meeting Needs

## Q & A with Kathy Parker, Director of Admissions at Saint Elizabeth Manor and Saint Elizabeth Home

### Q. Is there room availability?

**A.** For short-term rehab, we admit and discharge patients daily/weekly, so bed availability varies day by day. Call us directly to check! For long-term care residents, there is generally a waiting period for a room. Applications may be submitted in advance to an immediate need, and are accepted seven days a week.

### Q. What Insurance is accepted?

**A.** We accept multiple insurances such as Medicare, Blue Cross, Neighborhood Health, etc. It is important to check with the individual facility about your specific insurance.



Saint Elizabeth Home Rehab Center. Photo: Heidi Gumula - DBVW Architects

### Q. How long is a typical stay in short-term rehab? How much therapy will the patient receive?

**A.** A typical stay in short term rehab is 10-21 days. The amount of time varies depending on each individual and their needs. Each patient's therapy is different. Therapy is determined based on physician orders, patient diagnosis, specific needs and ability to participate.



Saint Elizabeth Manor Rehab Center

# Q. How does pre-booking a room for short-term rehab work?

**A.** Schedule a tour of one of our Rehab Centers. If you are pleased and want to come for short term rehab, you can advise our admission staff about your upcoming surgery, anticipated discharge date from hospital, and your insurance coverage. If you have any co-pay amounts, this can be reviewed during your visit. Knowing this information in advance helps admission staff arrange a bed for your stay.

### Q. Are private rooms available?

**A.** There are both private and shared rooms for short term

rehab and long term care. A private room can be requested but it will depend on availability at time of admission.

### Q. What medical services can be provided without leaving the facility?

**A.** We are able to provide intravenous therapy (IV), X-rays, and lab work at both Saint Elizabeth Manor and Saint Elizabeth Home. We are also able to arrange hospice care for residents.



Kathy Parker, *Director of Admissions* Saint Elizabeth Manor & Saint Elizabeth Home **401-342-7212** 



Tammy Medeiros Admissions Coordinator Saint Elizabeth Manor 401-342-7233

### **Admissions Contacts**



Melody Shechtman, RN Short Term Rehab Admissions Saint Elizabeth Home 401-336-3534



Lisa Schartner, RN Long Term Care Admissions Saint Elizabeth Home 401-336-3542

CATHLEEN NAUGHTON ASSOCIATES Home care services SAINT ELIZABETH PLACE Apartments for seniors SAINT ELIZABETH TERRACE Apartments for independent seniors

# SEC Philanthropy

# **Très Magnifique** Rose Bids Auction & Gala raises more than \$112,000



Under a dark blue sky and twinkling lights, friendly mimes and talented street painters set the stage for this year's Rose Bids Auction & Gala: *An Evening in Paris* held Friday, September 6th at the Crowne Plaza. Over 320 guests gathered to raise more than \$112,000 in support of critical programs and services at Saint Elizabeth Community.

"There is always such an energy under the tent! Each year is so different, but one thing remains...the commitment of everyone in the room to the mission of Saint E's," said Craig and Sue Carpenter, Rose Bids Co-Chairs.

"We are so grateful to Craig and Sue and the entire committee for all their hard work and dedication to this event," said Steven J. Horowitz, President and CEO. "To see so many sponsors, donors, friends and family members come out in support of Saint Elizabeth Community is truly an inspiration."





### Thank you to our generous sponsors:

Healthcare Services Group, Inc., Unidine Lifestyles, Washington Trust, Carpenter-Jenks Funeral Home and Crematory, Citrin Cooperman and The Pease Family Special thank you to Co-Chairs Craig and Sue Carpenter and committee members, Judy Cady, Carol Christy, Janice Gil, Steven J. Horowitz, Jamie Jackson, Annie Castelnovo-McMullen, Lauren Richards, Beth Russell and Brenda Turchetta

### **Flowers for Flora**

### Rose Bids guests generously support outdoor living initiatives

Being outdoors is critical to our overall wellbeing at any age! This year, guests at Rose Bids donated more than \$29,000 to help create and maintain the outdoor spaces which are so important to elders like Flora. With a passion for flowers, Flora has been planting all of the flowers at Saint Elizabeth Terrace since she became a resident in 2012. Now at the young age of 94, it has become unsafe for her to be on her hands and knees as she has in the past. Although she is giving the staff great direction, it has saddened Flora to not have her own hands in the soil.



Raised garden beds and adaptive gardening tools were the perfect solution! This is just one project these generous gifts will support throughout Saint Elizabeth Community. Thank you!

Help further our mission with the

# **Charitable Rollover**

If you are 70 <sup>1</sup>/<sub>2</sub> or older, you can make a charitable gift directly from your IRA without paying income tax on the withdrawal.

For more information, please contact Erica Bryson, CFRE at 401-773-7419.

Thank you to SEC donors and volunteers – you are important partners in our work!

# SEC In Action

## ATTENTION ALL STAFF Open Enrollment in Paylocity Easy to complete No paper required

Our Open Enrollment Meeting schedule will be announced soon. This year Saint Elizabeth Community employees who are benefit eligible will need to either Elect or Waive coverage through Paylocity. Prior to Open Enrollment, please login to Paylocity via the web at: access.paylocity.com or through the Paylocity app on your mobile phone. This is an important first step to make the enrollment process easy. Remember to update your email address in Paylocity.

### AND PLEASE BRING TO OPEN ENROLLMENT YOUR PAYLOCITY LOGIN INFORMATION

THE HUMAN RESOURCE TEAM WILL SUPPORT EMPLOYEES THROUGH THIS PROCESS. PLEASE WATCH FOR NOTICES IN YOUR LOCATION ABOUT OPEN ENROLLMENT AND BE SURE TO ATTEND AN OPEN ENROLLMENT MEETING.



## **Employee Reminder**

Complete the three requirements in 2019 to see a reduction in your health insurance cost in 2020.

Personal health assessment Must be complete by 11/30/19 (earns 1,500 Virgin Pulse points)

**Proof of physical** Must be complete by 12/31/19 (earns 5,000 Virgin Pulse points)

10,000 points in Virgin Plus

Earn a total of 10,000 Virgin Pulse points by 12/31/19 (which includes points earned above)



## SEC Haven Program Hosts Training

The Saint Elizabeth Haven for Elder Justice Program hosted a Kick-Off Event this month to introduce its Office of Violence Against Women (OVW) Abuse in Later Life Program to members of law enforcement and victim service programs. Trainers from the National Clearinghouse on Abuse in Later Life facilitated a training focused on effective collaborative efforts to improve elder safety and increase perpetrator prosecutions.

Jeanne M. Gattegno Program Director Saint Elizabeth Haven for Elder Justice

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# www.stelizabethcommunity.org