

Saint Elizabeth Community

Where RI seniors come first

Twenty one employees from Saint

Elizabeth Community operating

began a six month, six part series

interactive learning opportunity is

a business consulting firm specializing

in a high engagement approach to

leadership development, and committed

to "co-creating high impact, positive

facilitated by Spartina Consulting,

entities, nominated by their

Administrators, or Director,

on Leadership in June. This

change in organizations."

News

Saint Elizabeth Community Hosts Leadership Academy



First Leadership Academy class with MattTrimble and facilitators, Tony and Jen Silbert.

"Investing in our staff as leaders is important to Saint Elizabeth Community," says Matthew Trimble, COO, Saint Elizabeth Community. "We value education and learning, and want to provide tools for continued growth in the area of leadership to individuals who are already demonstrating leadership qualities. We hope to continue to offer this educational series in the future, supporting the growth of future Saint Elizabeth Community leaders."

SUMMER 2019

Those attending are:

Patricia Bisbano - Saint Elizabeth Manor Piedad Blanco - Saint Elizabeth Manor James Boxser - Saint Elizabeth Place Karen Butler - Cathleen Naughton Associates Kim Cairo - Saint Elizabeth Manor Geonassis DeJesus - Saint Elizabeth Court Sheryll Dewey - Saint Elizabeth Home Lori Gessner - Saint Elizabeth Home Meagan Griffin - Saint Elizabeth Home Sharon Kupa - Cornerstone Adult Services Rachel Lawrence - GREEN HOUSE® Homes at Saint Elizabeth Home Nicole Lombardi - Saint Elizabeth Manor Zoila Medina - Saint Elizabeth Place Bonnie Rendine - Saint Elizabeth Manor Lynne Schoer - Saint Elizabeth Court Donna Shirley - Saint Elizabeth Community Linda Sinnott - Cornerstone Adult Services Lori Taylor - Cathleen Naughton Associates Amy Vakalis - Cathleen Naughton Associates Donna Vinbury - Saint Elizabeth Manor Victoria Woolard - Saint Elizabeth Manor

(absent from photo are Piedad and Victoria)

Excitement Builds as Saint Elizabeth Home Rehab Renovations near Completion

The renovation and expansion of the rehab space at Saint Elizabeth Home is well underway and will be completed this summer! The new space includes real home features such as a kitchen, laundry room, and shower. "Instead of simulating daily chores and activities, we will be able to guide patients through a full daily routine," says Amanda Camara, COTA/L and Rehab Staff Team Leader. "This builds patient confidence and allows us to better assess when it is safe for them to return home."

Tom Radican, Facilities Engineer, Saint Elizabeth Community, managed the project designed by Durkee Brown Viveiros and Werenfels Architects (DBVW) and constructed by TRAC Builders.

Photo top right: (I-r) Sara Whitely, DBVW, Senior Interior Designer; Benno Belhumeur, TRAC, Project Manager; Matt Trimble, Saint Elizabeth Community, COO; Marianne Wolcott, Saint Elizabeth Home, Administrator; Tom Radican, Saint Elizabeth Community, Facilities Engineer; and Nelson Ferreira, TRAC, VP

Photo bottom right: Rendering - DBVW Architects

www.facebook.com/SaintElizabethCommunity www.stelizabethcommunity.org





Saint Elizabeth Community is a not for profit 501(c)(3), charitable organization



Dear Friends,

Happy Summer! Saint Elizabeth Community is in full summer swing with cookouts, trips to ball games, parks, and museums, and also hosting family and staff gatherings. Our activities staff takes full advantage of lovely RI summer weather and has many things planned! Thank you for all you do!

The annual meeting of the Board of Trustees was held in June and new trustees were appointed. Welcome to Kimberley Ranalli and Don Saracen (see below), and thank you to the new slate of Officers who have accepted leadership roles on our board. We thanked Phil Slocum for his past years of service as Chair of the Board of Trustees, and welcomed Craig Carpenter as incoming Chair for the next three year term. As always I am



Phil Slocum, Steve Horowitz and Craig Carpenter

grateful to those who volunteer their time, to serve on our board, and to work in special events including our recent Golf Classic and upcoming signature event - our Auction and Gala, Rose Bids. Volunteers support those in our care at all our locations. We appreciate you!

Also welcome to Donna Shirley, Director of Human Resources. Donna joined our team in June in a newly created role which provides HR leadership. This new position came out of our recently completed strategic planning sessions. Other strategic planning work includes:

- Strong focus on workforce as our number one priority
- Evaluating a centralized call in system for admissions and referrals
- Growing the Geriatric Care Management program

Enjoy the summer and remember if you have an older loved one in need of support from any of our providers, please give us a call. And if you're not sure you know what is needed, let our admission staff help you by providing information and resources.

Sincerely.

Aten

Steven J. Horowitz President and CEO

Trustees and Board Chair Appointed and Human Resource Director Hired



Kimberley Ranalli



Craig Carpenter



Don Saracen



Donna Shirley

Kimberley Ranalli and Don Saracen elected to Board

Kimberley Ranalli is a Senior Vice President and Director of Consumer Lending Quality Control at Citizens Bank. A graduate of Boston College, she is a senior banking professional with over 30 years' experience in the industry, and has served on Saint Elizabeth's Finance Committee for the past 2 years. Kimberley lives in Coventry.

Don Saracen is President of Saracen Sales & Marketing, a consulting firm working with small to mid-sized family owned businesses. He is the recent past president of the Rotary Club of Providence and past president of the New England chapter of the National Speakers Association. He majored in Communications at Emerson College and has over 30 years of experience. Don has served on SEC's Nominating Committee and resides in Bristol.

Craig Carpenter is elected Board Chair

Craig Carpenter has been elected Chair of the Board of Trustees. He is the President of Carpenter-Jenks Funeral Home and Crematory and has served as a trustee since 2012. He most recently served as Vice Chair of the Board and also has Co-Chaired Rose Bids for the past 6 years. Craig is a resident of Coventry.

Welcome Donna Shirley

Donna Shirley has joined the Leadership Team of Saint Elizabeth Community as Director of Human Resources in a newly created role. She most recently was Gloabal Talent Process Leader at Nordson, a global manufacturing company with 8,000 employees in 40 countries. Donna is a graduate of the University of Rhode Island with a BA degree in Communication Studies. Donna is a resident of South Kingstown.

C In Our Community

Catherine Taylor had a serious fall last March leaving her with two broken legs and a broken wrist. Thanks to the physical and occupational therapy she received through Cathleen Naughton Associates, Catherine is thrilled to be able to be out in her gardens enjoying a favorite pastime!

Nicole Dufresne, OT and Catherine Taylor take advantage of the mild weather to practice balance and muscle strengthening skills outdoors.

Our Mission... to provide exceptional, compassionate care in an array of settings. We embrace the needs of each individual in an environment where those we care for, and work with, are treated **just like family**.



Audrey Greene gives Saint Elizabeth Home resident, Paul Bagilini, the opportunity to try his hand at the harp!



Resident Marie Mello plants bright pink Geraniums along the gazebo at Saint Elizabeth Manor.



Saint Elizabeth Court residents Rita Dube (I) and Elizabeth Albanese (r) enjoy a warm welcome from the Paw Sox mascots at a spring ballgame.

SAINT ELIZABETH MANOR Short term rehab and long term care SAINT ELIZABETH COURT Affordable assisted living CORNERSTONE ADULT SERVICES, INC. Adult day centers

SEC Meeting Needs

Cathleen Naughton Associates Manages Growth with Restructuring

Promotions Announced



Caroline Rumowicz, Director of Cathleen Naughton Associates, is pleased to announce the promotion of three staff members within the home health services organization. Deb Rumowicz, RPT, has been appointed Clinical Director, and Sandy Hecht has been promted to RN Clinical Manager. Julie Glenn, MS, PT, CCCE has taken on a newly created position, Center Coordinator of Clinical Education. In this role, Julie coordinates and oversees students enrolled in physical therapy programs as they receive clinical training through Cathleen Naughton Associates. Congratulations to all on your well-deserved appointments!

(I-r) Congratulations to Sandra Hecht, RN, Debra Rumowicz, RPT, and Julie Glenn, MS, PT, CCCE

Cornerstone Adult Services Helps Caregivers Manage Daily Care Challenges



STRATEGIES FOR BETTER CAREGIVING Cornerstone Adult Services is offering caregivers of individuals with dementia the opportunity to participate in a national research study to evaluate Adult Day Services Plus (ADS Plus), a program that provides caregivers with support, education and specific strategies for managing daily care challenges.

Caregivers who participate in the yearlong study meet with staff at Cornerstone's Memory Care Center to discuss their care concerns and address challenges. Individual strategies are developed and caregivers are guided and encouraged to try the strategies with their loved one. Dottie Santagata, Administrator at Cornerstone Adult Services says, "The

results have been amazing as caregivers receive intensive support and learn better ways to communicate, redirect and reassure the family member they are caring for."

Cornerstone Adult Services is the only Rhode Island adult day center provider selected to participate in the national ADS Plus study undertaken by Johns Hopkins University and the University of Minnesota. To learn more or to enroll in the ongoing study, contact Dottie Santagata at 401-739-2844.



Cornerstone Adult Services Memory Care Center

"I'm so glad I decided to participate in the ADS Plus study. I was able to learn many techniques that made my day to day interactions with my mom much easier. As a caregiver, I am more relaxed and less stressed than prior to working with the staff at Cornerstone and Johns Hopkins. And I can see that my mood carries over to my mom, making ber a happier person." -A grateful caregiver

CATHLEEN NAUGHTON ASSOCIATES Home care services

SAINT ELIZABETH PLACE Apartments for seniors

SAINT ELIZABETH TERRACE Apartments for independent seniors

SEC Philanthropy

Tufts Health Plan Foundation Awards \$50,000 Grant



SASH Coordinator, Solange Parra (I) with a SASH participant.

Saint Elizabeth Community was recently awarded a one-year grant for \$50,000 from Tufts Health Plan Foundation for the expansion of the Support and Services at Home (SASH) program.

"We are so grateful to Tufts Health Plan Foundation for their support of this important program," said Roberta Merkle, Executive Vice President of Strategic Initiatives. "The Foundation has been an instrumental partner in SASH's success from the very beginning. Thanks to their generosity we can now have even more impact on the seniors of Rhode Island."

The SASH program, launched four years ago at Saint Elizabeth Place, helps older adults in low-income housing manage chronic illnesses and disabilities so they can live independently as long as possible. Rhode Island is the first state outside of Vermont to pilot test the model.

"It can be very difficult to manage a chronic illness or disability and all the medications and appointments required to stay healthy and at home," explains Barbara Gavin, SASH Director. "The program focuses on prevention by providing health education, wellness coaching and a system of support to manage health needs. It's been tremendously rewarding to witness how the SASH program helps participants stay healthy at home."

As part of the grant's efforts, Saint Elizabeth Community will partner with three additional housing sites in Rhode Island, providing technical assistance and guidance for these sites to develop their own capacities to offer SASH.

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Giving Back Through Golf

As a small business owner, Kurt Harrington makes it a point to know the clients of Something Fishy, Inc. "When I started working with the people at Saint E's, something was different for me. I really connected with the mission and wanted to help." In no time, Kurt became a member of the Golf Classic Committee.

"It has been a great fit! I have enjoyed

working with the group and encouraging others to get involved in support of such a great cause. It's always a great event. I can't wait until next year!"

To join Kurt on the committee, call Geri Manning at 401-773-7420.



to raise more than \$34,000 to support a variety of programs and services throughout Saint Elizabeth Community. We are thrilled to be able to make such an impact through the tournament."

Special thanks to Presenting Sponsor, Healthcare Services Group, Inc. and the entire Golf Classic Committee: Chad Bjorklund, Chair, Karen Butler, David Farrell, John Gibson, Kurt Harrington, Cindy Joaquin, Jim Kinney, Patty Koch, Mark Loiselle, Bob Mancini, Pablo Smidt, and Matt Trimble

> Thank you to SEC donors and volunteers you are important partners in our work!

Great Day on the Course

Warwick Country Club was the perfect spot for a great day of fun and fundraising on Monday, June 17th at the Saint Elizabeth Community Golf Classic! "To see the course filled with so many people who love Saint E's is remarkable," explains Chad Bjorklund, Golf Chair. "We had another sellout crowd and we don't take that support for granted. Together we were able

ROSE BIDS Auction & Gala Friday, September 6, 2019

Crowne Plaza, Warwick, Rhode Island 5:30 pm - 10:00 pm

SEC In Action



At a reception at Saint Elizabeth Home in June, Matt Trimble, COO, Saint Elizabeth Community, thanked Dr. Kris Kuhn (I) for her dedication to the residents of the GREEN HOUSE[®] Homes at Saint Elizabeth Home, and welcomed Dr. Betsy Moody (r) as the new attending physician for the GREEN HOUSE[®] Home residents.



Saint Elizabeth Manor has a "Fun Committee," created to foster teamwork and fun for staff with a special event every month. In June, employees enjoyed a basketball competition while residents cheered them on! (I-r) Bernadette Massa looks on as Karen Terra seizes the ball!



SEC's Resident Service Coordinators, Zoila Medina, Saint Elizabeth Place (I) and Barbara Castellone, Saint Elizabeth Terrace (r) receive certification for continuing education and training per HUD regulations. They do a great job assisting residents, organizing group activities, outings and so much more!



On World Elder Abuse Awareness Day, Steven J. Horowitz, Saint Elizabeth Community President and CEO (center) presented the 2019 Elder Justice Hero Awards to recipients (I-r) Maggie Connelly, Administrator, Saint Elizabeth Court; Patricia Kent, Adult Protective Service Investigator, Division of Elderly Affairs; Richard Parenti, Officer, Scituate Police Department; Dina Elhelw, Director of Senior Services, Town of Scituate; Frances Principe, Social Worker, Saint Elizabeth Manor; Steven LeBlanc, RN, Saint Elizabeth Home

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